



## Foreign Affairs Manual

### 12 FAM – Diplomatic Security

**Change Transmittal:** DS-144

**Date:** March 20, 2009

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## 12 FAM 040 PHYSICAL FITNESS PROGRAM FOR SPECIAL AGENTS IN THE DIPLOMATIC SECURITY SERVICE

### Changes

1. This Change Transmittal issues changes to **12 FAM 040**. The contents of 16 FAM 619 were relocated to 12 FAM 040. This subchapter was previously unassigned. Because of the amount of new material, changes in this subchapter do not appear in *italics* and *dark magenta*.
2. **Change Transmittal** has replaced the term, Transmittal Letter. Change Transmittal was selected as being more appropriate in this age of electronic information transmission. The FAM volume's Change Transmittal acronym and numerical series remains in place.
3. Officers are reminded that Department-issued materials not codified in the Foreign Affairs Manual or its supplemental Foreign Affairs Handbook series generally have no regulatory validity (see 2 FAM 1115.2).

### Filing Instructions (Paper Copies)

1. Remove the old 12 FAM 040 (CT:DS-105; 12-14-2004, 1 page) and insert 12 FAM 040 (CT:DS-144; 03-20-2009; 7 pages).
2. After inserting the material in the binder, insert this change transmittal letter immediately following the CT Checklist; then fill in the entry line for CT:DS-144, and initial.

### Distribution Notice

1. The Foreign Affairs Manual and Handbooks (unclassified) official version can be found on the State Department's Intranet site.

2. All posts and offices keeping paper versions of the Foreign Affairs Manual are responsible for maintaining the FAM on a current basis (see 2 FAM 1116.5).
3. Use **KFAM** and **AINF** TAGS on **all** communications on FAM/FAH issues; direct questions concerning issuance, validity, and updating to A/ISS/DIR. Direct questions concerning substance and interpretations to the office indicated at the end of this change transmittal letter.

**(DS/EX/MGT/PPD)**